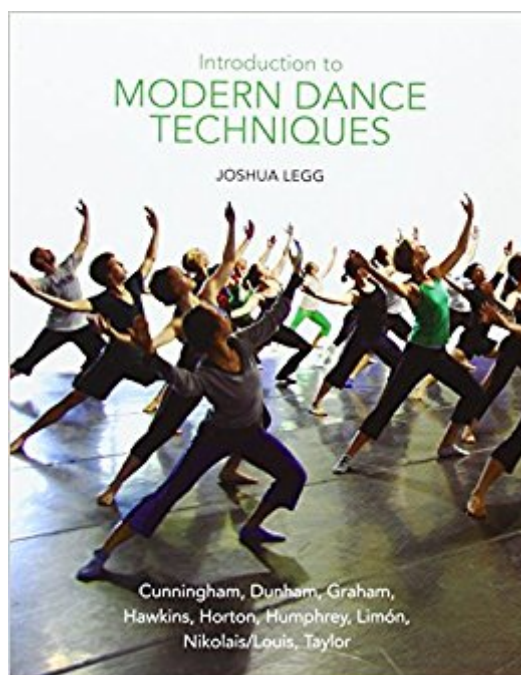


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Introduction To Modern Dance Techniques



Synopsis

Bringing together all of the major modern dance techniques from the last 80 years, this engaging account is the first of its kind. The informative discussion starts by mapping the historical development of modern dance: in the late 19th century, a new dance emerged—not yet known as modern dance—that rejected social strictures and ballet as well. With insight into the personalities and purposes of modern dance’s vanguard—including Martha Graham, Lester Horton, José Limón, and Merce Cunningham—this compilation provides a comparative approach that will enable students to discern which technique best suits them and dispel the idea that there is a single, universal modern dance technique. There are also ideas for experimentation so that students can begin developing an aesthetic sense for not only what is pleasing to their artistic eye, but also for what technical ideas are exciting while their own body is in motion. Sample lessons are included for teachers to incorporate the text into courses.

Book Information

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Customer Reviews

"Well researched. Useful for students in understanding roots/influences of contemporary dance."

—Nada Diachenko, co-director of the department of theatre and dance, University of Colorado—Boulder "Much needed concepts in one book for next generation teachers."

—Dr. Susan Kirchner, chairperson of the dance department, Towson University "I believe

every public school dance teacher should have a copy in her classroom." —Pamela Sofras, chairman of department of dance, University of North Carolina—Charlotte "A useful text for modern dance technique classes at the high school or college level. It could be used throughout the

typical four years of study or for a one-semester survey course of modern dance." *Journal of Dance Education* (December 2012)"Ideal for an undergraduate dance history or pedagogy course, *Introduction to Modern Dance Techniques* explores the work of more than 10 modern dance choreographers. Includes descriptions of key exercises from each choreographer's class work." *Dance Teacher Magazine* (August 2012)

Joshua Legg is a choreographer, writer, poet, photographer, educator, and designer. He holds an MFA in dance, choreography, and performance and has taught for the dance and theater programs at Harvard University, Suffolk University, and Shenandoah University. He lives in Winchester, Virginia.

Think of this as a textbook clarifying all those names and techniques that dance teachers may have referenced while you were trying to concentrate on alignment or form (or just not falling over) during dance class through the years. I minored in dance in college but focused mainly on ballet. This book has helped to round out my modern education. If you're looking for a broad overview of the last century in concert dance, this may be a great resource for you as well. Legg covers the evolution of modern dance from Denishawn and Isadora Duncan to Paul Taylor and "Postmodernism." Familiarity of dance in general will probably be a big help!

This is a well written modern dance history resource. It takes you through the history as well as the techniques of modern dance. It is a thorough resource for a modern technique class or a modern dance history course.

This text has a great blend of the practical, the technical and the theoretical. Rarely do you see these aspects so well blended.

Perfect!

Wonderful. Received quickly.

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